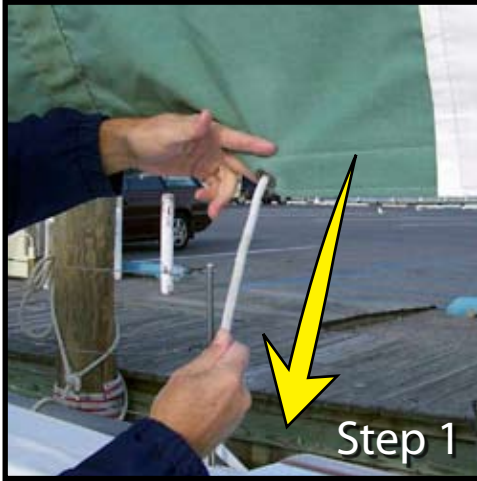
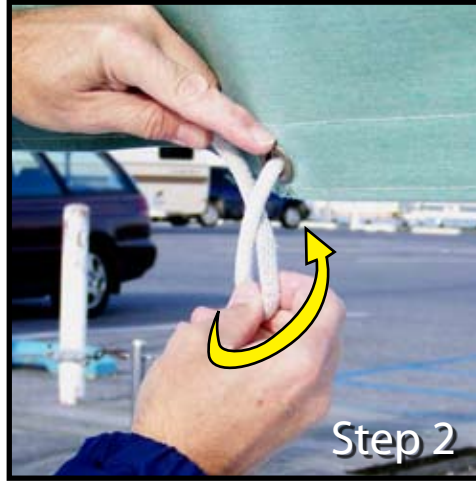


Figure Eight Knot: Securing the Sail Covers

The Figure Eight is a true knot. Its purpose is to create a stopper in the line to keep the line from going through a grommet, thimble or other opening. On the *Nathan*, we use a Figure Eight to secure the sail cover lines.



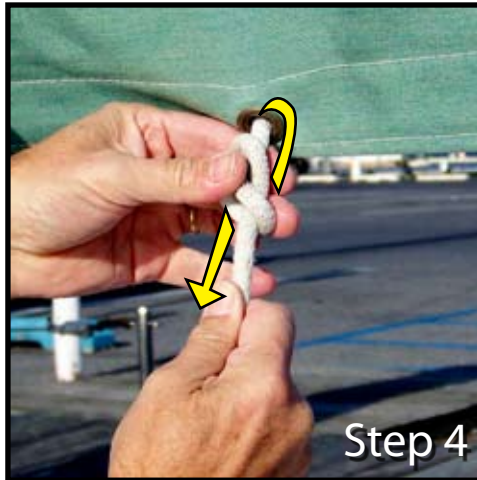
Step 1:
Feed the line through the grommet from the other side of the sail cover and pull it tight.



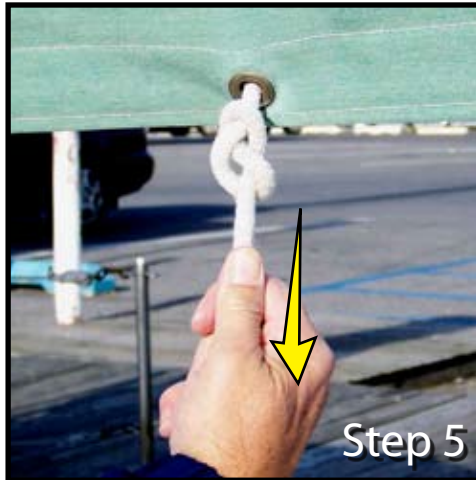
Step 2:
Take the end of the line behind the standing part to form a loop.



Step 3:
Bring the end over the standing part and around behind the loop (it now looks like a "figure eight.")



Step 4:
Put the end through the bottom loop of the figure eight from the back.



Step 5:
Pull on the end to tighten the knot.

A variation of the Figure Eight: In Step 3, instead of putting the end of the line through the lower loop, wrap it around the standing part and bring it through from back to front ABOVE where the lines cross, then down through the lower loop from front to back.

This is harder to undo than the standard Figure Eight and should only be used where the stopper knot does not need to be easily and often undone.